Health
and Fitness
Full-time Non-local Degree Program

健康與體適能理學士
Bachelor of Science in Health & Fitness
(Reg. No.: 261895)
於香港聯校: 香港三育書院修讀

Study at
HONG KONG ADVENTIST COLLEGE

非牟利教育機構 ED/28221
Non-Profit Making Education Institution
Andrews University was founded in 1874, located in Michigan. It is a fully accredited institution offering more than 200 undergraduate and graduate degrees in business, education, technology, religion, arts and sciences, and architecture. It is a place for students to seek knowledge, affirm their faith, and change the world.

Hong Kong Adventist College (HKAC), established in 1903, is a four-year liberal arts college founded and supported by the Seventh-day Adventist Church. It has a strong tradition of providing quality education with an emphasis on developing the potential of the whole person. The integration of faith and learning provides a unique academic environment for students from a variety of cultures and religious backgrounds.

The Department of Health builds its philosophy on the precept that the development of the whole person includes physical, mental, social, emotional, and spiritual health, and is fundamental to life and effective service to God and men. Therefore, the mission of the department is to prepare qualified and highly motivated men and women to promote a healthy lifestyle in the community through various careers related to public health.

To complete the four-year Bachelor of Science in Health & Fitness, students are required to take a minimum of 124 credits in three areas: general education, the required cognates and required major courses. A 200-hour internship is required during the last year of study, which provides students with additional practical skills experience in Health & Fitness.
PROGRAM FEATURES

- Bachelor degree awarded by Andrews University
- Degree recognized locally and globally
- Saving on tuition - only $45,000 a year through affiliation at Hong Kong Adventist College
- Available scholarship - up to $20,000 a year
- Eligible to apply for Non-means-tested Loan from HK Government
- Credits are transferrable to both local and overseas institutions
- Articulation mode available - 2 years in Hong Kong plus 2 years in the United States

*(Student may apply for 50% tuition discount while studying at Andrews University)*

PROGRAM MODULES

General Education courses are designed to broaden general knowledge and skills in the following areas:

- Religion & Multiculturalism
- Social Science
- Mathematics & Computer Literacy
- Life and Physical Sciences
- Fine Arts and Humanities
- Language and Communication
- Physical Education and Wellness
- Service

Required cognates are designed to equip students with fundamental health knowledge in relation to:

- Human Biology
- Understanding human behavior
- Business Operation

Required Major courses provide specific knowledge and skills in health promotion, exercise and fitness education with studies in:

- Diet & Nutrition
- Health Management
- Research Methods
- Exercise & Fitness
- Internship
- Health promotion strategies
- Weight Control
ADMISSION REQUIREMENTS

1. Hong Kong Diploma in Secondary Education (HKDSE)
   - Level 3 in English and Chinese Language
   - Level 2 in Mathematics and Liberal Studies
   - Level 2 in an Elective subject

2. 12-year high school program graduate
   - Overall GPA 2.50
   - Overall SAT score of 800 (400 minimum in English and 400 minimum in Mathematics)

3. Approved pre-university course
   - Graduating GPA of 2.50

4. Associate Degree

5. Mature Age
   - Age of 23 by September 1 of admission year

Students who do NOT meet the minimum requirements may be admitted a PROVISIONAL case by case basis as determined by Andrews University.

CONTACT INFORMATION

Enquiry: (852) 2719 1668
E-mail: info@hkac.edu
Website: www.andrews.edu
Address: 1111 Clear Water Bay Road, Sai Kung,
         New Territories, Hong Kong

It is a matter of discretion for individual employers to recognize any qualification to which this course may lead.
優先留位獎學金

成功入讀大學先修文憑（資歷架構：第三級）

- 獲獎學金港幣 10,000 元。
- 申請人如達到以下任何一個要求，額外獎學金港幣 5,000 元：
  ➢ 由貴校「校長推薦」。
  ➢ 就讀中五或中六時，操行上有傑出表現。
  ➢ 在社區/義工服務上有傑出貢獻。
  ➢ 在藝術、音樂及運動方面有傑出表現。
  ➢ 為基督復臨安息日會教友或其家長是基督復臨安息日會教友。

成功入讀 Andrews University 學位課程

- 2+2 大學計劃（留學美國，學費半價，多達 130 個學位課程供自由選擇）
- 健康與體適能理學士（註冊編號：261895）
- 心理學理學士（註冊編號：261680）

申請人香港中學文憑試成績

- 考獲 33222 (12 分)成績，獲獎學金港幣 10,000 元。
- 在文憑試 5 科最佳成績高於 12 分，每高出 1 分額外獲得獎學金港幣 900 元。

每年在讀學生獎學金

- 累計成績達到 GPA 2.75，可獲港幣 5,000 元獎學金。
- 累計成績達到 GPA 3.00，可獲港幣 10,000 元獎學金。
- 累計成績達到 GPA 3.25，可獲港幣 15,000 元獎學金。
- 累計成績達到 GPA 3.50，可獲港幣 20,000 元獎學金。
優先留位計劃

計劃簡介

為了幫助中六同學作好升學安排，毋需擔心升學問題，可專心應付中學文憑試，本院特設優先留位計劃：

1. 同學可優先報名，預留大學學席
2. 申請人獲邀前往本校參觀及進行面試
3. 獲免費本地及海外大學升學諮詢服務
4. 獲「優先留位獎學金」及「有條件優先取錄」
5. 申請人於香港中學文憑試中成績須達到本院的基本人學要求
   - 大學先修文憑 - (入學要求：任何一科達 2 級以上成績)
   - Andrews University 學位課程 - (入學要求：須考獲「33222」成績)

報名方法：請填妥 優先留位計劃登記表 寄回/電郵到本院註冊室

聯絡資料

地址： 香港西貢清水灣道 1111 號
電話： 2719 1668
電郵： info@hkac.edu

優先留位計劃登記表

請選擇優先留位的課程：

本地文憑課程

☐ 大學先修文憑 (資歷架構：第三級)

Andrews University 學位課程

☐ 2+2 大學計劃 (留學美國，學費半價，多達 130 個學位課程供自由選擇)

☐ 心理學理學士 (註冊編號：261880)  ☐ 健康與體適能理學士 (註冊編號：261895)

姓名： __________________ 電話： __________________ 電郵： __________________
學校： __________________ 班別： __________________

--- 2+2 大學計劃  留學美國  學費半價 ---