



2025-2026 年度 學校活動家長通告

各位家長：

本校英文科將舉辦下列活動，資料如下。

活動名稱：	F.3 English Enhancement Programme with The 7 Habits of Highly Effective Teens
目的：	本活動旨在幫助學生建立自信，管理時間，加強英語溝通能力，並培養領導技能，以促進學業、社交和個人成長
對象：	中三級學生
負責老師：	何健昌老師
日期：	2026年7月13日至7月15日（共3節）
時間：	9:00am - 12:00pm
地點：	208室
名額：	20人
費用：	全免(每班課程總費用約為24000元，全數由學校支付)
備註：	是次活動內容具以下元素 <input checked="" type="checkbox"/> 1. 靜態活動 <input type="checkbox"/> 2. 劇烈活動 <input type="checkbox"/> 3. 戶外體力消耗 <input type="checkbox"/> 4. 較長時間戶外逗留 *如患有心臟、呼吸系統或慢性疾種病的同學，請諮詢醫生意見是否適宜參與上述2、3或4項的活動。

由於名額有限，請於二零二六年六月五日或之前填妥回條。此通告只作意向調查之用。不論獲選與否，家長將於六月十九日前收到個別通知。

注意事項：

- 參加者必須遵守校規，並絕對服從負責老師指導。
- 假若在活動進行中天氣轉壞，以致活動需要終止，負責老師將在安全情況下安排學生儘快返回家中。

學務組主任

韓江

二零二六年五月二十七日

回條

本人收到 貴校通告編號(AC 25-26_149)，並 *同意 / 不同意 小兒參加此活動。
(*請刪去不適用者)

學生姓名：_____

班別：_____

學號：_____

家長或監護人簽署

日期：二零二六年____月____日

請家長於5/6/2026或之前簽覆 eClass 電子通告。



2025-2026 School Activity Parents Letter

Dear Parents,

The English Department is organizing the following activity:

Activity :	F.3 English Enhancement Programme with The 7 Habits of Highly Effective Teens
Objective:	To help students build confidence, manage time, strengthen communication skills in English, and develop leadership skills for academic, social, and personal growth
Participants :	F.3 students
Teacher in charge :	Mr Ho Kin Cheong
Date :	13/7/2026 to 15/7/2026 (3 lessons in total)
Time :	9:00am – 12:00pm
Venue :	Room 208
Quota :	20 students
Fee:	Free of charge (the full cost of a class is about HK\$24000, which is fully subsidized by the school)
Remark :	Elements included for the activity <input checked="" type="checkbox"/> 1. Static activity <input type="checkbox"/> 2. Strenuous activity <input type="checkbox"/> 3. Stamina consuming <input type="checkbox"/> 4. Expose in out-door for longer period (Out-door) * Students with heart disease, asthma or chronic respiratory diseases should consult their doctor's advice before participating in activities with element 2, 3 and 4.

Due to limited places, please kindly fill in the reply slip **on or before 5 June 2026**. This notice only serves the purpose of knowing the incentive of your son's participation. Whether he is accepted or not, you will be notified **before 19 June 2026**.

Please note the following:

1. All participants have to follow the school rules and the guidance of the tutors.
2. If the weather turns bad during the activity and needs to be terminated, the tutors will arrange for the students to return home as soon as it is safe to do so.

Yours faithfully,

Mr. Hon Kong
Head of Board of Academic Studies

-----Reply Slip-----

I have read and I acknowledge the notice (AC 25-26_149).

I hereby **agree/disagree*** that my son will participate in the programme. (*Please delete as appropriate)

Student's Name : _____ Class : _____ Class number : _____

Parent's signature: _____

Date : _____/2026 _____

Please reply to eClass on or before 5 June 2026.