Hong Kong Tang King Po College
香港鄧鏡波書院

享受閱讀 自信勵學
正向價值 積極人生

(Sch 26-27/15)
6th October 2026

香港鄧鏡波書院
第五十六屆陸運會

各位家長：

學校一向重視全人教育，運動的鍛鍊是不可或缺的元素，本校第五十六屆陸運會將於2026年10月13日（星期二）及10月16日（星期五）上午於香港仔運動場舉行。我們期望學生透過參與運動，建立健康的生活模式；在競賽中，提升田徑運動的水平。當天學生必須出席，穿社運動服及運動鞋，於集合時間前到達運動場。如乘坐港鐵到海洋公園站於C出口直達運動場正門。

初賽日翌日10月14日（星期三）為學校假期，敬希留意。

我們邀請校友李柏呈先生於決賽日蒞臨主持頒獎，誠邀家長親臨陸運會觀賽。請於10月12日或之前簽妥電子回條。

陸運會程序如下：—

初賽日：（10月13日）

上午	8:15	集合、點名	下午	1:00	點名
	8:35	開幕禮		1:05	比賽進行
	8:45	比賽進行		3:45	初賽日結束
	11:45	午膳			

決賽日：（10月16日）

8:15	集合、點名	10:00	歡迎嘉賓
8:35	早禱	11:10	頒獎禮
8:45	比賽進行	12:00	大會結束

校長　黃嘉明謹啟

2026 年 10 月 6 日

關於告假手續及流感特別安排：
特別活動日因病請假，必須呈交醫生證明書，並連同家長或監護人簽署的請假信，交到校務處。
關於請假詳情，請參考2026-2027學生手冊第95頁。
請家長留意：如貴子弟有流感病徵，囑咐他於家中休息。

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回　　條

茲收到 貴校通告編號(Sch 26-27/15)，得悉第五十六屆陸運會安排，本人定當督促小兒準時出席。

學生姓名：_____ 班別：_____ 學號：_____

(1) 本人 *同意／不同意 小兒參加本屆陸運會之比賽項目，
(2) 本人 *會／不會 出席 貴校第五十六屆陸運會。

家長或監護人簽名

日期：_____ _____

*請刪去不適用者
請於10月12日（星期一）或之前簽妥電子回條。

Hong Kong Tang King Po College
香港鄧鏡波書院

享受閱讀 自信勵學
正向價值 積極人生

(Sch 26-27/15)
6th October 2026

Hong Kong Tang King Po College
56th Annual Athletics Meet

Dear Parents,

The school has always placed great emphasis on holistic education, and physical exercise is an indispensable part of it. The 56th Annual Athletics Meet will be held on the morning of 13th October 2026 (Tuesday) and 16th October 2026 (Friday), at Aberdeen Sports Ground. Students are expected to develop a healthy lifestyle and improve their athletic performance through participating in sports events. On the day of the event, all students must attend, wearing the sports suit of their house and sports shoes, and arrive at the sports ground before the assembly time. Those taking the MTR may get off at the Ocean Park Station and use Exit C to reach the main entrance of the sports ground.

Please note that the day after the Athletics Meet (Heats), October 14 (Wednesday), is a school holiday.

We have invited alumni Mr. Pak Ching Lee to attend the Finals Day to present awards, and we cordially invite parents to come and watch the Athletics Meet. Please complete and sign the e-reply slip on or before 12th October.

The schedule for the Athletics Meet is as follows:

Heats Day (13/10):

Morning	Afternoon
8:15 Assembly and Roll Call	1:00 Roll Call
8:35 Opening Ceremony	1:05 Races Resume
8:45 Races Begin	3:45 Conclusion of the Heats Day
11:45 Lunch Break	

Finals Day (16/10):

8:15 Assembly and Roll Call	10:00 Welcome of Guests
8:35 Morning Prayer	11:10 Award Ceremony
8:45 Races Begin	12:00 Conclusion of the Event

Sincerely,
Wong Ka Ming
Principal

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Regarding of Taking Leave and Special Arrangements for Influenza:
For taking sick leave on special event days, it is required to submit a medical certificate along with a leave letter signed by a parent or guardian to the school's general office. Regarding the details of taking leave, please refer to page 95 of the Student Handbook 2026-2027.
If your son shows any symptoms of influenza, please instruct him to rest at home.

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Reply Slip

I have received the notice (Sch 26-27/15) regarding the arrangements for the 55th Annual Athletics Meet. I will ensure that my son attends punctually.

Student Name：_____ Class：_____ Class No：_____

(1) I **agree / disagree* for my child to participate in the Athletics Meet.
(2) I **will / will not* attend the 56th Annual Athletics Meet.

Date：_____ _____

Parent's or Guardian's Signature

* *Please delete as appropriate*
Please complete and sign the e-reply slip by 12th October 2026 (Monday).